

MEMBERSHIP RATES**

BOCC	Yearly	6 Months	3 Months
Senior (62+)	\$90	\$60	\$47.50
Family of 4	\$250	\$150	\$100
Couple	\$190	\$110	\$72.50
Adult (18+)	\$120	\$75	\$55
College (with ID)	\$80	\$55	\$36
Jr. (12-17)	\$60	\$45	\$30
Youth (4-11)	\$46	\$35	\$20
Child (0-3)	Free	Free	Free

Non-BOCC	Yearly	6 Months	3 Months
Senior (62+)	\$110	\$70	\$52.50
Family of 4	\$300	\$200	\$125
Couple	\$220	\$125	\$80
Single (18+)	\$140	\$85	\$60
College (with ID)	\$110	\$62	\$40
Jr. (12-17)	\$84	\$52	\$45
Youth (4-11)	\$60	\$42	\$27
Child (0-3)	Free	Free	Free

**A one-time, non-refundable administration fee of \$35 is due upon completion of application.

Hours of Operation

Summer

Monday – Friday
6:00 a.m. – 9:00 p.m.

Saturday

8:00 a.m. – 8:00 p.m.

Sunday

1:30 p.m. – 6:00 p.m.

Fall-Spring

Closed at 6:00 p.m. on
Thursdays for
AWANA

Dream Center

of Body of Christ Church
5616 Fox Rd.
Raleigh, NC 27616

Phone (919) 872-1931

www.boccdreamcenter.com

OF CHRIST CHURCH REAM CENTER

A Community Life Center

*Promoting happy relationships,
healthy bodies and holy lives*



5616 FOX ROAD
RALEIGH, NC 27616
919-872-1931



The Dream Center

The Dream Center is a multifunctional facility designed to build meaningful relationships within the church and community at large.



The Dream Center features an unparalleled array of amenities that are designed to meet the needs of the mind, body and soul.

Whether you are looking for the perfect space to host your next big event, a safe environment to bring your kids, or a non-judgmental site to work-out, the Dream Center is just for you!



Come see all that it has to offer today!

Facility includes:

- State of the Art Fitness Center
- Arena/Gymnasium
- Coffee Shop (“Jacob’s Well”)
- Sports Lounge
- Dinner/Movie Theater
- Commercial Kitchen
- Suspended Indoor Track
- Locker Rooms w/Sauna
- Wi-Fi



Services:

- Fitness Classes
- Personal Training
- Room Rentals
- Wedding/Event Planning
- Recreational Leagues
- Family Activities/Events
- Preschool
- After School Care
- Summer Camp
- Select “Open Gym” Dates
(check website for dates & times)

FITNESS CLASSES Summer 2012 (effective July 1st)

The Dream Center provides an array of fitness classes for all levels of impact. With class options for people of all ages, the Dream Center provides exercise options to maintain healthy lifestyles.

Dance N2 Shape

A dance-based fitness program designed to give a total body workout and improve overall health.

Wednesdays 7:00pm – 8:00pm
Saturdays 9:30am -10:30am

Zumba

Originating in Columbia, Zumba is a non-stop aerobic workout incorporating salsa, meringue, cumbia, and reggaeton.

Mondays 6:30pm – 7:30pm
Saturdays 8:30am – 9:30am

Body Gospel

A full body, fat burning workout set to inspirational gospel music that will leave you feeling uplifted and a few pounds lighter.

Wednesdays 6:00pm – 7:00pm

Yahweh Yoga

Realign your mind, body and soul, while connecting yourself and God through all levels of Christian Yoga practice.

Tuesdays 6:00pm – 7:00pm

Boot Camp

A total body workout designed to improve your overall fitness level in the shortest time possible.

Mondays & Fridays 7:30pm – 8:30pm

Kickboxing

This high intensity class is a great full body workout incorporating a broad range of kicks, punches and athletic drills.

Fridays 6:30pm – 7:30pm

*** All classes are \$7.00 per class and must be paid at the front desk upon arrival. ***